

Mommy & Me Faith Sharing Group Guidelines

Welcome to Mommy (or other caregiver) & Me. We are so excited to be able to offer our youngest members of SJN an opportunity to play and pray together. Our time together will follow the same structure each week.

We will begin at 9:30 in the lobby of the Faith and Family center. If you arrive early please feel free to put your child's shoes and things in a cubby and then come back to the lobby. We will not be going into the play area until after our opening circle time.

Opening circle time will last no more than 10 minutes. It consists of a praise song, a transition to seated song, a morning prayer and then a two minute devotional geared to preschoolers. Children can participate as much as they are comfortable with although most do enjoy singing the songs. If your child wants to get up and move during circle time, it is totally fine with me.

After circle time we will move to our play space for the morning. This will typically be the SJN nursery but we also might use the larger gathering space in the F&F center and the outdoor playground as weather permits. We will always start in the F&F center lobby though.

Playtime will last for around 45 minutes with the last five minutes being devoted to putting toys away. Please help your child to put away as appropriate to their age. We will also have crafts available if your child would like to do a craft.

There are two sections to our nursery. Due to the amount of children we have coming we will designate the "infant" room for children 18 months and younger and their siblings.

After clean up we will gather again in the lobby where we will do a transition song. **Please bring a snack for your child** as this will assist them with sitting to listen to our closing Bible story and ending prayer. This will also take less than 10 minutes. If we are meeting outside at playground we will do closing circle there. Please let us know if there are any food allergies.

This is a "come as you are able to" type of group. There are no sign ups required. The objective of our group is for parents of young children to meet and get to know other parents and children and for the children to have an exposure to our awesome Catholic faith. This will happen more easily if you are able to come regularly but you don't need to call off if you are unable to make it.

If necessary please feel free to contact Christina at 740-936-8886 or christinagermaine15@yahoo.com